

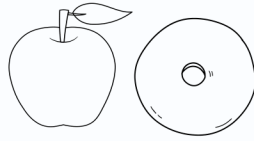


# All By Myself Recipe for: Apple Donuts



## Ingredients:

apple slices



water-lemon juice  
mixture



peanut butter



cocoa



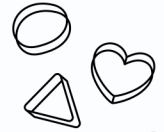
toppings:

rainbow sprinkles, mini  
chocolate chips, granola,  
mini-marshmallows,  
chopped nuts or seeds

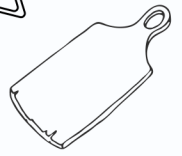


## Tools:

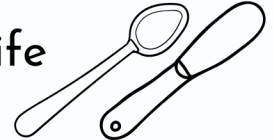
mini cookie cutter



cutting board or mat



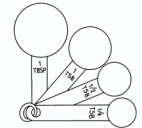
spoon, safe knife



small bowls



measuring spoons



plate



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## Steps:

1. Wash hands.
2. Gather ingredients and tools.
3. Wait for an adult to cut apple into 1/2 inch rounds.
3. Use mini cookie cutter to remove the center of each apple slice, or ask an adult to cut center out.
4. Soak apple slices in 1 cup water and 1 Tablespoon lemon juice mixture for 5-10 minutes. Pat dry.
5. Mix 1/4 cup peanut butter and 1/2 Tablespoon cocoa together. Spread on each apple slice.
6. Add toppings of your choice.
7. Place apple donuts on plate.
8. Enjoy!

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**Adult Jobs:** Help 'read' recipe. Allow the child to do as much as possible independently.

Slice apple rounds, cut circle in middle of each slice if a small round cookie cutter is not available,  
Encourage your child to name sprinkle colors as they prepare!